



Six-Week De-cluttering Tele-seminar

QuickTime™ and a decompressor are needed to see this picture.

Begins September 23, 2008, \$299 With Monica Thakrar

Do you want to find out what has been holding you back from achieving the lasting relationship goals you have set for yourself? Come join this tele-seminar to begin to take steps in improving your relationships by de-cluttering aspects of your life that are not working.

In this 28-Day Course you will journey through the four aspects of yourself – body, emotions, intellect, and spirit to release old habits or patterns that may be an impediment to reaching your greatest relationship goals. This course allows you to take an honest look at yourself, face fears, release old negative patterns, get motivated, and step boldly and joyfully into your future. You will participate in weekly calls and receive exercises to complete in between each call.

Monica is a practicing life coach in the Northern Virginia area. She focuses on helping clients “de-clutter” their lives in order to live a joyful and fulfilling life.

Six Week De-cluttering Tele-seminar --\$299

Name: _____ Phone: _____
Address: _____ City: _____ State: _____ Zip: _____
E-mail: _____

Please make your check payable to **Joyful Soul Coaching** and mail your check and registration form to:

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